

Medication Compatibility Chart

	Anthelmintic	Antibiotic B-Lactams	Antibiotic Macrolides	Antibiotic Tetracyclines	Antifungal	Antifungal Triazoles	Antihistamine H1	Antihistamine H2
	Ivermectin, Mebendazole, Praziquantel	Amoxicillin, Penicillin, Cefuroxime, Cephalexin	Azithromycin, Clarithromycin, Erythromycin	Doxycycline, Minocycline	Nystatin	Fluconazole, Itraconazole	Cetirizine, Diphenhydramine, Ketotifen, Loratadine	Cimetidine, Famotidine
Black elderberry	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Black walnut	🚫	👉	👉	👉	👉	👉	☀️	☀️
BPC-157 peptide	👍	👍	👍	👍	👍	👍	☀️	👍
Brahmi	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Butyrate	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Chinese skullcap	—	—	—	—	—	—	☀️	☀️
Cryptolepis	—	—	—	—	—	—	—	—
DAO (diamine oxidase)	☀️	☀️	☀️	☀️	☀️	☀️	👍	👍
Echinacea	☀️	☀️	☀️	🕒 4h	☀️	☀️	☀️	☀️
Feverfew	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Glycine	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Gotu kola	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Immunoglobulins (oral)	👍	👍	👍	👍	👍	👍	👍	👍
Inositol	😬	😬	😬	😬	😬	😬	😬	😬
Japanese knotweed	—	—	—	—	—	—	—	—
Licorice	☀️	👉	👉	👉	☀️	☀️	☀️	☀️
Lithium (low dose)	😬	😬	👉	👉	😬	👉	👉	👉
Luteolin	😬	😬	😬	😬	😬	😬	👍	👍
Magnolia	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Oregano	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Oregon grape	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️

KEY:

Beneficial to co-administer 👍

No negative interaction 😬

Evidence suggests low risk of interactions ☀️

No data (—)

Some interaction if taken at the same time, separate dose by time indicated 🕒

Some interaction, dose adjustment may be needed 👉

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PEA (palmitoylethanolamide)	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Perilla	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Phosphatidylserine	😬	😬	😬	😬	😬	😬	😬	😬
Pine extract	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
PQQ (pyrroloquinoline quinine)	😬	😬	😬	😬	😬	😬	😬	😬
Probiotics	🕒 2h	🕒 2h	🕒 2h	🕒 4h	🕒 2h	🕒 2h	😬	😬
Quercetin	😬	😬	😬	😬	😬	😬	👍	👍
Resolvins	😬	😬	😬	😬	😬	😬	😬	😬
Resveratrol	😬	😬	😬	😬	😬	😬	😬	😬
Rosemary	☀️	☀️	☀️	🕒 4h	☀️	☀️	☀️	☀️
Sage	😬	😬	😬	😬	😬	😬	😬	😬
Selenium	😬	😬	😬	😬	😬	😬	😬	😬
Silk tree	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
TB4 peptide	👍	👍	👍	👍	👍	👍	☀️	👍
Thorough-wax	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Thyme	☀️	☀️	☀️	☀️	☀️	☀️	☀️	☀️
Vitamin A	👍	😬	😬	🚫	😬	😬	😬	😬
Vitamin B1 (thiamine)	😬	😬	😬	🕒 4h	😬	😬	😬	😬
Vitamin B2 (riboflavin)	😬	😬	😬	🕒 4h	😬	😬	😬	😬

KEY:

Beneficial to co-administer 👍

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Vitamin B6 (pyridoxine)	😬	😬	😬	🕒 4h	😬	😬	😬	😬
Vitamin B12 (cobalamin)	😬	😬	😬	🕒 4h	😬	😬	😬	👍
Vitamin C	😬	😬	😬	👍	😬	😬	😬	👍
Vitamin D	😬	😬	😬	😬	😬	😬	😬	👍
Vitamin E	😬	😬	😬	😬	😬	😬	😬	😬
Vitamin K	😬	👍	👍	🕒 4h	😬	😬	😬	😬
Zinc	😬	🕒 4h	🕒 4h	🕒 4h	😬	😬	😬	👍

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	Dexamethasone, Prednisone	Mesenchymal stem cell-derived	IVIg	Cromolyn sodium, Ketotifen	Ultra-low-dose naltrexone	Ibuprofen, Naproxen	Duloxetine, Venlafaxine	Citalopram, Escitalopram, Fluoxetine, Sertraline
Black elderberry	👍	—	☀️	☀️	☀️	☀️	☀️	☀️
Black walnut	☀️	—	☀️	☀️	☀️	☀️	☀️	☀️
BPC-157 peptide	👍	—	👍	☀️	👍	👍	👍	👍
Brahmi	☀️	—	☀️	☀️	☀️	☀️	☀️	☀️
Butyrate	👍	☀️	👍	☀️	☀️	☀️	☀️	☀️
Chinese skullcap	👍	—	☀️	☀️	—	👍	👍	👍
Cryptolepis	—	—	—	—	—	—	—	—
DAO (diamine oxidase)	☀️	☀️	☀️	👍	☀️	☀️	☀️	☀️
Echinacea	👍	—	☀️	☀️	☀️	☀️	☀️	☀️
Feverfew	☀️	—	☀️	☀️	☀️	👍	☀️	☀️
Glycine	☀️	☀️	☀️	☀️	☀️	☀️	👍	👍
Gotu kola	☀️	—	☀️	☀️	☀️	👍	👍	👍
Immunoglobulins (oral)	👍	☀️	👍	👍	☀️	👍	☀️	☀️
Inositol	😊	☀️	😊	😊	😊	😊	👍	👍
Japanese knotweed	—	—	—	—	—	—	—	—
Licorice	👍	—	☀️	☀️	☀️	☀️	☀️	☀️
Lithium (low dose)	😊	☀️	👍	😊	😊	👍	👍	👍
Luteolin	😊	☀️	😊	👍	😊	😊	😊	😊
Magnolia	☀️	—	☀️	☀️	☀️	👍	👍	👍
Oregano	☀️	—	☀️	☀️	☀️	☀️	☀️	☀️
Oregon grape	👍	—	☀️	☀️	☀️	👍	👍	👍

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PEA (palmitoylethanolamide)	☀️	☀️	☀️	☀️	☀️	😬	☀️	☀️
Perilla	👉	—	☀️	☀️	☀️	☀️	☀️	☀️
Phosphatidylserine	😊	☀️	😊	😊	😊	😊	😊	😊
Pine extract	👉	—	☀️	☀️	☀️	☀️	☀️	☀️
PQQ (pyrroloquinoline quinine)	😊	☀️	😊	😊	😊	😊	😊	😊
Probiotics	😊	☀️	😊	😊	😊	😊	👍	👍
Quercetin	😊	☀️	😊	👍	😊	😊	😊	👉
Resolvins	😊	☀️	😊	😊	😊	😊	👍	👍
Resveratrol	👉	☀️	😊	😊	😊	👉	👉	👉
Rosemary	☀️	—	☀️	☀️	☀️	👉	👉	👉
Sage	😊	—	😊	😊	😊	😊	👉	👉
Selenium	👍	☀️	😊	😊	😊	😊	😊	😊
Silk tree	☀️	—	☀️	☀️	☀️	☀️	👉	👉
TB4 peptide	👍	—	👍	☀️	👍	👍	👍	👍
Thorough-wax	👉	—	☀️	☀️	☀️	👉	👉	👉
Thyme	☀️	—	☀️	☀️	☀️	☀️	☀️	☀️
Vitamin A	👍	☀️	😊	😊	😊	😊	😊	😊
Vitamin B1 (thiamine)	😊	☀️	😊	😊	😊	😊	👍	👍
Vitamin B2 (riboflavin)	😊	☀️	😊	😊	😊	😊	👍	👍

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Vitamin B6 (pyridoxine)	🙄	☀️	🙄	🙄	🙄	🙄	👍	👍
Vitamin B12 (cobalamin)	🙄	☀️	🙄	🙄	🙄	🙄	👍	👍
Vitamin C	👍	☀️	🙄	🙄	🙄	🙄	🙄	🙄
Vitamin D	👍	☀️	🙄	🙄	🙄	🙄	🙄	🙄
Vitamin E	🙄	☀️	🙄	🙄	🙄	🙄	🙄	🙄
Vitamin K	👍	☀️	🙄	🙄	🙄	🙄	🙄	🙄
Zinc	👍	☀️	🙄	🙄	🙄	👍	👍	👍

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