

# Natural Carpet Cleaning Formula for Moldies

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This natural carpet cleaning formula kills mold spores and neutralizes mycotoxins. It can be used as a replacement for chemical cleaning concentrates that don't address mold. Ask your professional carpet cleaner to use it on your home and automobile carpets and upholstery to help reduce the spread of mold. This will not remediate highly infected carpets and upholstered furniture.

## SUPPLIES

Funnel

Teaspoon measuring spoon

Tablespoon measuring spoon

1-cup measuring cup

1-quart **glass** container

(Use glass containers only. Essential oils pull chemicals from plastic into the formula.)

## INGREDIENTS

3 cups household ammonia

1 cup white vinegar

2-3 tablespoons clear dish soap

3-4 teaspoons mold-kill essential oils (1 tsp = 100 drops essential oil)

(Select at least 2 different essential oils to increase the mold-killing power.)

## DIRECTIONS

1. Pour ammonia, vinegar, dish soap, and essential oils into glass container.
2. Cap container and gently tip container to mix formula. Do not shake.
3. Yields approximately 1 quart of carpet cleaning formula.
4. Use 1-5 cups of carpet cleaning formula to 10 gallons of water, depending on strength required.
5. Spot test. Stronger formulations may bleach or fade colors. Recommend testing a small section first and letting it dry fully before deciding to use it broadly.

The following essential oils are effective at **killing mold and neutralizing mycotoxins**:

Cedar leaf (Thuja plicata)

Tea tree (Maleleuca alternifolia)

Rosemary leaf (Rosmarinus officinalis)

Thyme leaf (Thymus vulgaris)

Ajwain seed (Trachyspermum copticum L.)

Cloves (Eugenia caryophyllata, E. aromatica)

Holy Basil leaf (Ocimum sanctum, O. basilicum)

Eucalyptus (Eucalyptus species)

Cumin seed (Cuminum cyminum L.)

Scotch Pine (Pinus sylvestris)

Check out the [How To video](#) on my website [DrCrista.com](#).

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