

# Natural All-Purpose Cleaning Formula

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Kill mold spores and neutralize mycotoxins on hard surfaces with this natural formula. This can be used as a replacement for commercial cleaning products that contain harsh chemicals and may not address mold. Note that this won't remediate porous surfaces.

## SUPPLIES

Disposable cleaning cloth

Disposable gloves

Funnel

Teaspoon measuring spoon

1-cup measuring cup

1-quart **glass** container

(Use glass containers only. Essential oils pull chemicals from plastic into the formula.)

## INGREDIENTS

3 cups white vinegar

1 cup witch hazel

3-4 teaspoons mold-killing essential oils (1 tsp  $\approx$  100 drops essential oil)

(Select at least 2 different essential oils to increase the mold-killing power.)

## DIRECTIONS

1. Pour vinegar, witch hazel and essential oils into glass container.
2. Cap container and shake well before use.
3. Yields approximately 1 quart of all-purpose cleaning formula.
4. Spray directly onto surfaces and wipe off with disposable cloth. Also may dilute all-purpose cleaning formula in water (1 part water to 1 part all-purpose cleaning formula), depending on strength required.
5. Spot test. Stronger formulations may damage surfaces.

*Store in a cool, dry place. Use within one year.*

The following essential oils are effective at **killing mold and neutralizing mycotoxins**:

Cedar leaf (Thuja plicata)

Thyme leaf (Thymus vulgaris)

Rosemary leaf (Rosmarinus officinalis)

Cloves (Eugenia caryophyllata, E. aromatica)

Ajwain seed (Trachyspermum copticum L.)

Eucalyptus (Eucalyptus species)

Holy Basil leaf (Ocimum sanctum, O. basilicum)

Scotch Pine (Pinus sylvestris)

Cumin seed (Cuminum cyminum L.)

Tea tree (Maleleuca alternifolia)