

Homeopathic Remedies - How To

Homeopathic remedies are energetic remedies. They work at the nano-particle level, affecting the energetic frequency and structure of water molecules that balance body tissues. Being energy medicine, they do not negatively interact with other herbs or medications, which makes them a safe and useful addition to treatment plans.

Homeopathic remedies work profoundly to augment your body's systems. With the correct remedy, your health can be elevated out of a pattern of illness and into one of wellness. Even though they “only affect energy,” these remedies deserve respect. They are best selected with the guidance of a trained practitioner.

TRANSPORT & STORAGE

Homeopathic remedies are very sensitive to other electronic and electromagnetic-emitting devices. These devices can neutralize their therapeutic effect. Do not transport or store homeopathic remedies near cell phones, microwaves, or other electronic devices. In addition, keep them far from strong odors, such as essential oils.

HOW TO TAKE

Avoid touching homeopathic pellets. This will dilute or negate their therapeutic potential. Pellets should be dispensed into the cap of the bottle and then placed under the tongue. Typical doses are 3-5 pellets dissolved under the tongue.

Avoid the smell of coffee, camphor, and essential oils while taking your remedy.

Avoid eating 20 minutes before and after taking your remedy.

Remedies should be repeated per your doctor's instructions.

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