

Break The **MOLD**

Mold Killing Essential Oils

The following essential oils are effective at **killing sinus mold**:

Cedar leaf (*Thuja plicata*)

Rosemary leaf (*Rosmarinus officinalis*)

Ajwain seed (*Trachyspermum copticum* L.)

Holy Basil leaf (*Ocimum sanctum*, *O. basilicum*)

Cumin seed (*Cuminum cyminum* L.)

Tea tree (*Maleleuca alternifolia*)

Thyme leaf (*Thymus vulgaris*)

Cloves (*Eugenia caryophyllata*, *E. aromatica*)

Frankincense (*Boswellia* species)

Eucalyptus (*Eucalyptus* species)

Scotch Pine (*Pinus sylvestris*)