

## **Jill Crista, ND**

Doctor of Naturopathic Medicine

Crista Corporation  
PO Box 1523  
Janesville, Wisconsin 53547  
www.drcrista.com  
support@drcrista.com

### **Education**

National University of Natural Medicine in Portland, Oregon  
Doctorate in Naturopathic Medicine, June 2003  
Graduated with Honors

### **Graduate Level**

Cancer Treatment Centers of America  
Midwestern Regional Medical Center, Zion, Illinois  
Naturopathic Oncology Preceptorship, July 2001 to March 2002

Department of Obstetrics & Gynecology, Dean Medical Center  
Janesville, Wisconsin  
Gynecology & Fertility Preceptorship, March 2002 to May 2002

Portland Acupuncture Addictions Clinic, Serving the At-Risk Population  
Portland, Oregon  
Clinical Internship, July 2002 to September 2002

Outside In, Homeless Youth Health Clinic  
Portland, Oregon  
Clinical Internship, July 2002 to April 2003

### **License**

Oregon State Board Certified 2003, OR-1321  
Naturopathic Physicians Licensing Examinations  
Basic Science Board Examination, August 1998  
Clinical Science, Oregon & Washington State Board Examinations, August 2003

### **Certifications**

Intravenous Nutritional Therapy for Physicians, March 2014  
International Lyme And Associated Diseases Society Physician Training, August 2012  
American Council on Exercise (ACE) Certification  
American Association of Water Exercise Certification

### **Additional Medical Training**

Ethnobotany Field Study in the Peruvian Amazon Rainforest - Stansbury August 2019  
Nature Cure Balneotherapy and Peloid Therapy  
Frequency-Specific Microcurrent Therapy - McMakin Clinical Training Course  
Naturopathic Structural Integration & Visceral Manipulation - Sandberg-Lewis  
Functional Testing for Nutritional Deficiencies - Ferguson & Weatherby  
Functional Blood Chemistry Nutritional Analysis - Ferguson & Weatherby  
Native American Traditional Healing training with Jan Engels-Smith, Lakota Medicine Woman  
Therapeutic Exercise Instructor, including yoga and pilates, 12 years

### **Published Books**

Break The Mold: 5 Tools to Conquer Mold and Take Back Your Health

Publish dates: e-book September 2018, print November 2018

### **Practice & Business Experience**

Crista Corporation, February 2017 - present

Focus on research, writing and teaching on topics related to neurological disorders

Online presence providing continuing education to licensed practitioners and the public

Treating special case patients to support research

Developing and testing innovative protocols based on research findings

Center for Natural Medicine, October 2009 – 2017

Owner, director, and practicing physician for second location integrative natural medical clinic

6 employees; 4 doctors and 2 support staff

Physician mentor for four Naturopathic Doctors

Collaborative practitioners: Holistic Medical Doctors, Chiropractors, Massage Therapists

Naturopathic Family Clinic, November 2003 – 2013

Owner, director, and practicing physician for primary location integrative natural medical clinic

5 employees; 2 doctors and 3 support staff

Physician mentor for two Naturopathic Doctors and Acupuncturist

Collaborative practitioners: Holistic Medical Doctor, Physical Therapist, Massage Therapists

Designed and implemented corporate wellness programs

### **Professional Research Study**

Research Study on Unexplained Chronic Fatigue, Co-Investigator

National Institutes of Health, Observational Research Study through the University of Utah

Complementary & Alternative Medicine Department 2008 to 2010

### **Physician-Level Instruction**

Mold 101, Nova Scotia Naturopathic Conference, November 2020

Integrative Immunology at the Next Level - Finding and Treating Blocks to Cure, Advanced

Applications in Medical Practice Fall Conference, October 2020

Mold and Mycotoxin Mini Series, Connect 2020 WANP Annual Conference, October 2020

Breaking The Mold: Tools for Conquering Mold and Taking Back Your Health, The Forum For

Integrated Medicine 2020 Online Conference, March 2020

Toxic Bloom - Managing Mold-Related Illness, California Naturopathic Doctors Association 2020

Conference, February 2020

It's Mold and Lyme, Now What?, International Lyme and Associated Diseases Society Scientific

Conference, November 2019

Post-Infectious Autoimmune Encephalopathies - A Bear of a Problem, Gaia Herbs Professional

Education Webinar, April 2019

Invisible Threat: Exposing Mold Exposure, Hawaii Doc Talks, January 2019

Beyond Brain Damage: Endocrine Sequelae from Traumatic Brain Injury, Hawaii Doc Talks,

January 2019

Invisible Barrier: Get Mold & Mycotoxins Out of The Way, International Lyme and Associated

Diseases Society Scientific Conference, November 2018

Break The Mold: Mold & Mycotoxin Illness, Pennsylvania Association of Naturopathic

Physicians Annual Conference, October 2018

Exploring The Neuroendocrine Sequelae of Brain Injury With Herbal Support, Gaia Herbs

Professional Education Webinar, June 2018

Breaking The Mold: How To Rescue Your Patients From Exposure To Mold, Gaia Herbs

Professional Education Webinar, February 2018

Hipster Gets Lyme At Outdoor Concert - Or Does He?, International Lyme and Associated Diseases Society Scientific Conference, November 2017  
TBI: Exploring The Neuroinflammatory and Endocrine Sequelae, Academy of Integrative Health & Medicine, San Diego, California, November 2017  
Beyond Brain Damage: The Endocrine Sequelae of TBI, American Association of Naturopathic Physicians Annual Conference, Phoenix, Arizona, July 2017  
Are You Missing Mold Illness In Your Patients? Online CME Course for Medical Professionals, Published Online April 2017  
Mold & Mycotoxin Illness: Who's Impacted, How to Test, What to Do, Academy of Integrative Health & Medicine, San Diego, California, October 2016  
TBI: Broken Brain, Broken Hormones, Broken Balance, Wisconsin Naturopathic Doctors Association, Madison, Wisconsin, March 2016  
Gestational & Pediatric Tick-Borne Illnesses, Midwest Lyme Conference, Wisconsin Naturopathic Physicians Association, Madison, Wisconsin, March 2012  
Natural Medicine Case Review, Co-presented with Dr. Becker, UW-Department of Family Medicine Resident Grand Rounds, Madison, Wisconsin, 2009

### **Professional Publication Contributions**

Beyond Brain Damage: Endocrine Effects of Traumatic Brain Injury, Natural Medicine Journal, Peer-Reviewed Publication, May 2018  
Mold Illness Explored, Townsend Letter, February/March Issue 2017

### **Continuing Education & Research Focus**

Mold & Mycotoxin Illness  
Environmental Medicine  
Brain Injury & Neuroinflammation  
Autoimmune Encephalitis & PANDAS/PANS  
Lyme Disease & Associated Infections  
Advanced Botanical Medicine

### **Professional Associations and Committees**

National Association for Environmental Management Member 2019 - present  
International Society for Environmentally Acquired Illness Member 2019 - present  
Academy of Integrative Health & Medicine Member 2017 - present  
International Lyme Associated Disease Society Member 2011 - present  
Wisconsin Congressional Health Care Advisory Board Member  
Congressman Bryan Steil's Appointed Board Position 2019 - present  
Speaker Paul Ryan's Appointed Board Position 2007 - 2018  
American Association of Naturopathic Physicians Member 1997 - present  
State Association Leadership Team Appointment 2006 - 2010  
Alliance for State Licensure Appointment 2004 - 2010  
Wisconsin Naturopathic Doctors Association Member 2003 - present  
Treasurer 2003 - 2004, 2018 - present  
President 2004 - 2010  
Legislative Liaison for Association 2005 - 2010  
Developed and served on the initial Board of Directors  
Co-authored Articles of Incorporation and original Bylaws  
National University of Naturopathic Medicine Student Association  
Vice President 1996 - 1997  
Chair of the Ad-Hoc Constitution Committee  
Co-authored the Student Government Constitution and Bylaws