

Break The **MOLD**

Laboratory Tests

PURPOSE LABORATORY TEST

Anemia Complete blood count (CBC)

Allergy Immune globulin reaction to mold
(not useful for mycotoxin reactions)

Immune function Vitamin D (25-hydroxyvitamin D)
White blood cell count (WBC)
Natural killer (NK) cell total count
Natural killer (NK) cell function
T-cell
B-cell

Glutathione Red blood cell glutathione

Liver health Liver enzymes (ALT, AST, GGT)

Kidney health Creatinine
Glomerular filtration rate (GFR)
Anti-diuretic hormone (ADH)

Candida overgrowth Immune globulin reaction to
Candida albicans

Genetic susceptibility HLA-DR/DQ

Indicators & impacts Organic acids urine test